



Sasha-Kay D'Aguilar, MBBS

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

The University of the West Indies
Southeast Health

ASSOCIATIONS

American College of Physicians

MY CENTER

Mechanicsville

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“I have a responsibility to improving my patients’ health, and I take this responsibility very seriously. Being a physician is my passion.”

About Sasha-Kay D'Aguilar, MBBS

Dr. Sasha-Kay D'Aguilar became inspired to become a doctor after reading *Gifted Hands* by Dr. Ben Carson. “I started to believe that even an island girl from Jamaica can make a difference,” she says. Building relationships with patients is her favorite part of her profession. She always listens to their concerns and treats them with empathy. She likes educating patients about their health conditions and “empowering them to take control of their health and wellbeing.” She adds, “I have a responsibility to improving my patients’ health, and I take this responsibility very seriously. Being a physician is my passion.”

Dr. D'Aguilar loves spending quality time with her family. She also enjoys traveling, dancing, and watching movies.