



Monika Pajhal, MD

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

Government Medical College, Jammu
Eastern Virginia Medical School
Fellowship: Apollo Hospitals and
Medvarsity Online

ASSOCIATIONS

American College of Physicians
American Medical Association

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“It gives me a sense of accomplishment that I am able to make a difference in my patients’ lives with my education and compassion.”

About Monika Pajhal, MD

Dr. Monika Pajhal, who specializes in Diabetes Management, loves bonding with patients and getting to know them beyond their health concerns. “I think it is very important to build that relationship and trust,” she says. Dr. Pajhal strives to be available, accessible, and offer VIP care to all patients. She likes helping them understand their medications and diagnoses. “It gives me a sense of accomplishment that I am able to make a difference in my patients’ lives with my education and compassion,” Dr. Pajhal says. She takes pride in offering both social and emotional support.

In her down time, Dr. Pajhal enjoys spending time with her son. They especially love learning new skills together. She also likes exploring new places.