



**“True collaboration and relationship building is everything.”**

**About Thomas Gaines, MD, FACC, CBNC**

Originating from a long line of healthcare professionals, Dr. Thomas Gaines is a cardiologist passionate about not only leading his patients to better health but also helping them understand that process. He strives for comprehensive care that caters to individual needs and goals. “True collaboration and relationship building is everything,” he says. Dr. Gaines takes pride in both serving and learning from the senior population. “I have strong beliefs about equity and equality in healthcare,” he says.

When he isn't with patients or attempting to teach his cat how to fetch, Dr. Gaines loves experiencing live music and hiking with his wife. He aspires to travel to Greece, Japan, and Argentina.

# **Thomas Gaines, MD, FACC, CBNC**

**Medical Director, Cardiovascular Care**

**LANGUAGES  
SPOKEN**

English

**SPECIALTIES**  
Cardiology

**EDUCATION**  
Florida State University  
Louisiana State University Health  
Sciences Center New Orleans  
University of South Florida

**ASSOCIATIONS**  
American Board of Internal Medicine  
American College of Cardiology  
American College of Physicians  
National Board of Physicians and  
Surgeons

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