



Thomas Gaines, MD, FACC, CBNC

Medical Director, Cardiovascular Care

LANGUAGES SPOKEN

English

SPECIALTIES

Cardiology

EDUCATION

Florida State University
Louisiana State University Health
Sciences Center New Orleans
University of South Florida

ASSOCIATIONS

American Board of Internal Medicine
American College of Cardiology
American College of Physicians
National Board of Physicians and
Surgeons

MY CENTER

Metairie Super Center

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Metairie, LA, 70006

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**“True collaboration and
relationship building is
everything.”**

About Thomas Gaines, MD, FACC, CBNC

Originating from a long line of healthcare professionals, Dr. Thomas Gaines is a cardiologist passionate about not only leading his patients to better health but also helping them understand that process. He strives for comprehensive care that caters to individual needs and goals. “True collaboration and relationship building is everything,” he says. Dr. Gaines takes pride in both serving and learning from the senior population. “I have strong beliefs about equity and equality in healthcare,” he says.

When he isn't with patients or attempting to teach his cat how to fetch, Dr. Gaines loves experiencing live music and hiking with his wife. He aspires to travel to Greece, Japan, and Argentina.