



# Shari Samms, MD

## LANGUAGES SPOKEN

English

## SPECIALTIES

Primary Care

## EDUCATION

University of Virginia School of Medicine  
Xavier University

## ASSOCIATIONS

American Academy of Family Physicians

## MY CENTER

### Hampton

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Hampton, VA, 23669

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### About Shari Samms, MD

Dr. Shari Samms always knew she wanted to serve others, and volunteering at a Muscular Dystrophy Association summer camp while in college solidified her decision to go into medicine.

In her years of providing compassionate, focused care, Dr. Samms considers seniors the most rewarding patients with whom she’s worked. “I have learned the most from their challenges and the life experience and wisdom they share,” Dr. Samms says. She also loves influencing positive change when connecting with patients on their health and quality-of-life goals.

In her personal time, Dr. Samms enjoys spending time with family, going to church, running, reading and eating a good meal, especially one served by her grandma in Michigan.