



Esther Ufot, MD

LANGUAGES SPOKEN

English

SPECIALTIES

Primary Care

EDUCATION

University Of Benin

ASSOCIATIONS

American Academy of Family Physicians

American Board of Family Medicine

Obesity Medicine Association

MY CENTER

Hammond Park

2720 Metropolitan Parkway SW,
Atlanta, GA, 30315

[\(404\) 905-9200](tel:(404)905-9200)

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“My patients’ concerns are my priority. We will work together to address their health issues so they are able to spend this beautiful stage of their life feeling well and doing what they love.”

About Esther Ufot, MD

Doctor Esther Ufot is a board certified family practice physician. She earned her medical degree at the University of Benin and completed her residency at St. Elizabeth Medical Center. Prior to joining JenCare, Dr. Ufot was with Alief Geriatrics Associates PA. She is a member of the American Academy of Family Practice, the American Board of Family Medicine and the Obesity Medicine Association.

“My patients’ concerns are my priority,” says Dr. Ufot. “We will work together to address their health issues so they are able to spend this beautiful stage of their life feeling well and doing what they love.”

Dr. Ufot and her husband have two children. Her hobbies include karaoke, dancing and traveling.