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#### **About Zainab Jalal, MD**

When Doctor Zainab Jalal was in elementary school, she saw her older sister go through medical school and post-graduate training; it inspired Dr. Jalal to pursue her own medical career. Today, she is board certified and specializes in family medicine. “Educating patients about their body and their disease, along with timely diagnosis and management, wards off many anxieties and results in cooperation,” says Dr. Jalal. “This makes their disease more manageable and improves their quality of life.”

She wants patients to know they are welcome to share their problems with her, and she is dedicated to making a difference in their lives. Dr. Jalal and her husband have two children. She enjoys watching movies, reading books and traveling.

# **Zainab Jalal, MD**

**Center Medical Director**

#### **LANGUAGES SPOKEN**

English

#### **SPECIALTIES**

Primary Care

#### **EDUCATION**

Ayub Medical College

Conemaugh Memorial Medical Center

#### **ASSOCIATIONS**

American Board of Family Medicine

American College of Physicians

#### **MY CENTER**

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